







Catholic Academy of Passaic County Diocese of Paterson Breakfast Menu	December-2016				
	Mon	Tue	Wed	Thu	Fri
<b>Student Breakfast</b> Full Price: \$2.00 Reduced Price : \$0.30	<b>Fuel up with milk at meals.</b> 			1 Flapstick (Sausage & Pancake) Wrap Fruit 1/2 c Juice 4 oz Milk	2 Cheese Omelet WW Roll Fruit 1/2 c Juice 4 oz Milk
"Power Your Brain with Breakfast" 	5 WGR French Toast Sticks, Syrup Fruit 1/2 c Juice 4 oz Milk			6 Sausage Patty WG English Muffin Fruit 1/2 c Juice 4 oz Milk	7 WW Pancakes with Syrup Fruit 1/2 c Juice 4 oz Milk
<b>Offered Daily</b> 8 oz of Flavored Fat Free Milk, Skim Milk and 1% Milk or Lactaid 	12 WW Bagel Cream Cheese Fruit 1/2 c Juice 4 oz Milk	13 Cinnamon Glazed French toast Fruit 1/2 c Juice 4 oz Milk	14 Taylor Ham & Cheese on a WW Roll Fruit 1/2 c Juice 4 oz Milk	15 WW Pancakes with Syrup Fruit 1/2 c Juice 4 oz Milk	16 Oatmeal Buttered Roll Fruit 1/2 c Juice 4 oz Milk
<b>Available Daily as an alternate</b> Yogurt w/Crackers or Assorted WG Cereal with Crackers  <b>100% Juice Flavors</b> Orange, Apple, Grape, Fruit Punch	19 WW Bagel Cream Cheese Fruit 1/2 c Juice 4 oz Milk	20 Egg, Cheese and Spinach Wrap Fruit 1/2 c Juice 4 oz Milk	21 WGR French Toast Sticks, Syrup Fruit 1/2 c Juice 4 oz Milk	22 2 oz Corn Muffin Sausage Link Fruit 1/2 c Juice 4 oz Milk	23 Flapstick (Sausage &Pancake) Wrap Fruit 1/2 c Juice 4 oz Milk
"This Institution is an equal opportunity provider"  "Esta Institución provee igualdad de oportunidades"	26	27	28	29 	30 
*WGR=Whole Grain Rich *Menu Subject to change					